

CONTENTS

GEROKOMOS

Volume 30, Number 1, March 2019

EDITORIAL

- 1 Purposes for the new year, ... or maybe not!
Rosa Martínez Sellarés

NOTEBOOK

ORIGINAL ARTICLES

- 2 Burden on primary caregivers of elderly people with severe dependence on Primary Health Care
Paulina José Zepeda-Álvarez and Carmen Luz Muñoz-Mendoza
- 6 Palliative care in elderly patients with non-oncological pathologies
Beatriz Pérez Redondo, Mónica García de la Torre Revuelta and Laura Petronila Gómez
- 12 Spreading of the geriatric nursing specialty among users, their caregivers and undergraduate nursing students on the town of Jaen
Javier Jaén-Pérez and María Josefa Herrera-Nieto
- 18 Relation between dependency, cognitive health and depressive symptoms with pharmacological adherence on diabetic elderly patients
Sandro Rodrigo J. Barria-Ruiz and José Alex Leiva-Caro

REVIEW ARTICLE

- 23 Protein supplements in the treatment and prevention of sarcopenia. A systematic review
José Andrés Rubio del Peral and M.ª Sonia Gracia Josa



HELICOS



Grupo Nacional para el Estudio y Asesoramiento en Úlceras por Presión y Heridas Crónicas

FOTOGRAFÍA: "Wound". Autor: Francisco Miguel Martín González

ORIGINAL ARTICLES

- 28 Effectiveness of the advanced practice nurse in the care of patients with pressure ulcers in primary care
Juan Francisco Jiménez García, Gabriel Aguilera Manrique, Josefa Arboledas Bellón, María Gutiérrez García, Francisco González Jiménez and Francisco Pedro García Fernández
- 34 Nursing knowledge about prevention, diagnosis and care of lower extremity ulcers in a Health Area
Alba-Elena Martínez-Santos, Eva Tizón Bouza and José Ángel Pesado Cartelle

CASE REPORTS

- 42 Treatment of dependence-related lesions in a patient with dementia degenerative disease with severe dependence
Claudia Avendaño Meza
- 45 Approach to and handling of a Pressure Ulcer affected by Cellulitis of *Proteus mirabilis* and *Staphylococcus aureus*
Eva Alcaraz Bellver